



# Stars

**PRO SOCCER CAMPS**  
DIRECTED BY COERVER COACHING



## **Hudson, WI • Hudson Sports Complex** **Mighty Mites and Pro Camps** **June 21-25, 2010**

**Mighty Mites for ages 5-7, two times available:**

9:30 am-12:00 pm: \$110

9:30-10:45 am: \$75

**Pro Camps for ages 8-18**

9:30 am-12:00 pm: \$130

Players will be taught creative soccer skills using Weil Coerver's revolutionary methods. Camps will be fun and fast paced, during the week campers will be placed on teams for tournament play. Coerver Coaching produces fast, creative, skillful soccer players who are not only highly skilled individuals, but also great teammates. The camp will feature the following which is based on Coerver Coaching's pyramid of player development:

- **Group Attack**
  - Exercises & games that improve small group play with an emphasis on Fast Break Attacks
- **Finishing**
  - Exercises & games that improve techniques & encourage instinctive play around the goal
- **Speed**
  - Exercises & games that improve agility, acceleration, & power with & without the ball
- **1v1 Moves**
  - Exercises & games that teach game winning individual moves & create space against defenders
- **Passing & Receiving**
  - Exercises & games that improve 1<sup>st</sup> touch as well as accuracy & creativity
- **Ball Mastery**
  - Ball control exercises that feature lots of repetition. One player & one ball

*Official NSC Minnesota Stars Pro Soccer Camps • [WWW.NSCMINNESOTA.ORG](http://WWW.NSCMINNESOTA.ORG) • 763-792-7350*